



NEWS RELEASE

Date: September 23, 2015

Contact: Stacie Madden
(508) 957-0306
smadden@HopeHealthCo.org

Hope HouseCalls Expands Counseling Service *Providing in-home counseling for all caregivers*

Hyannis, MA – HopeHealth is pleased to announce that Specialized HouseCalls will now be expanded to offer counseling to all caregivers. The service was originally introduced to caregivers of people with Alzheimer’s disease or a related dementia, offering assistance and support for their unique challenges. The newly expanded service is being made available to all caregivers of people with a chronic disease or serious illness throughout eastern Massachusetts.

Specialized HouseCalls, a program of Hope HouseCalls, is designed to address the challenges caregivers experience on a daily basis, easing the strain of caring for a loved one. The program’s licensed counselors, who are experienced social workers, provide an ongoing assessment of the caregiving situation in an effort to develop meaningful and effective interventions. In the comfort of home, counselors offer emotional support, care plan development, education, communication strategies, behavioral management techniques, safety awareness and referral to and coordination with other community and professional resources. This one-on-one support helps caregivers cope with their particular caregiving situation, receiving individualized and ongoing support and assistance.

According to the National Alliance on Caregiving and AARP, an estimated 44 million Americans age 18 and older provide unpaid assistance and support to older people and adults with disabilities who live in the community. Evidence shows that most caregivers are ill-prepared for their role and provide care with little or no support. Research demonstrates that caregivers who provide care to individuals with chronic or disabling conditions are themselves at risk. Complex caregiving situations often result in emotional, mental and physical problems.

“We are excited to expand Specialized HouseCalls to support all caregivers,” said David Rehm, HopeHealth’s CEO and president. “With the rapid aging of our population, increasing support and mental health services for caregivers is fundamental to our mission — and a public health priority. Caregivers need and deserve resources to give them the skills and support to continue providing such loving personal care, while also ensuring they are caring for themselves.”

About [HopeHealth](#)

HopeHealth has been enhancing the quality of life for people experiencing serious illness and loss for more than 30 years. Today, the non-profit organization delivers a wide range of medical care, care management and support services throughout eastern Massachusetts. The HopeHealth family of services includes: Hope Hospice; Hope HouseCalls and Specialized HouseCalls; Hope Dementia & Alzheimer's Services; Hope Care for Kids; Hope Community Care; and Hope Academy. In June 2014, the Massachusetts Pain Initiative affiliated with the organization. Learn more by calling (800) 642-2423 or visiting [HopeHealthCo.org](#).

###